

Dapto High School Canteen Price List 2016.

MEALS	\$
<u>COLD FOOD</u>	
Sandwich	2
(Gluten free available on request)	
Wraps	
Plain	3
Rolls	3
Special Salad tubs: (by order only)	
GARDEN:	
(beetroot, carrot, cucumber; lettuce; tomato; onion, dressing)	
Plain Small	2
Plain Large	3.5
CAESAR:	
(Cos lettuce, bacon, croutons, parmesan, Caesar dressing)	
Caesar small	2.5
Caesar large	4
GREEK:	
(cucumber, feta, tomato, olives, onion, Italian dressing)	
Greek Small	2.5
Greek Large	4
Dressings available (included)	
Mayo; Sweet chilli, Italian; Balsamic; Caesar	

Protein Extras available: (all \$1 per portion each)
Chicken, Ham, Tuna, Feta

Other extras available: (all .50c per portion each)
Egg, cheese, bacon bits, capsicum, sun dried tomatoes, olives, alfalfa, croutons.

PREPARED ROLLS:	
Salad rolls	3
Cheese salad roll	3.5
Chicken lettuce mayo	4
½ chicken lettuce mayo	2
PREPARED WRAPS:	
Salad	3
Cheese salad	3.5
Chicken cheese carrot lettuce	4

FRUIT: (seasonal)	
Fruit salad tubs	2
Yoghurt	2
Fresh pieces of fruit	.50

FROZEN PRODUCTS:	
Fruit cups	.60
Variety of ice treats	from... .30

FRESHLY MADE FRUIT MUFFINS: 1

TEA/COFFEE/HOT CHOC 1

HOT FOOD:

Sausage roll	2.5
Hot Noodles Cup (Chkn/Beef)	2.5
Meat pie	3
Pastie	3
Pizza slab	3
Pizza rounda	3
Cheese & spinach roll	3
Potato pie	3.5
Chicken Burger (by order only)	3.5
Sauce (bbq / tomato)	.20

SPECIALS:

Please check notice board for various daily specials

Range from \$2 - \$4 eg: Pasta, chicken chippies, chicken tender wraps, hotdogs.

DRINKS:

Water (plain/flavoured)	from... 1
Plain milk: Sml	1
Plain milk: Medium	2
Plain milk: Large	2.5
Flavoured: Sml	2
Flavoured: Large	3.5
Various juice	2.5
Other drink varieties	from... 2 – 3.5

Assorted snacks and cough lollies are available within guidelines of Nutrition in Schools Policy/Healthy Kids Canteen Strategy.

All orders are encouraged before roll call.
All prices are subject to change.
New products will be introduced throughout the year.

We encourage new parents to join our wonderful team of volunteers. Thank you for supporting our School Canteen. All profit is returned to the school.

DAPTO HIGH SCHOOL CANTEEN ORDER FORM				
Name _____		<input type="checkbox"/> Recess		<input type="checkbox"/> Lunch
TYPE	SALAD (included)	PROTEIN Add \$1	EXTRAS Add 50c	SPECIAL SALAD TUBS
<input type="checkbox"/> Sandwich 2	<input type="checkbox"/> Lettuce	<input type="checkbox"/> Chicken	<input type="checkbox"/> Egg	CAESAR – cos lettuce, bacon, croutons, parmesan dressing. GREEK – cucumber, feta, tomato, olives, onion, Italian dressing. GARDEN – lettuce, tomato, cucumber, beetroot, carrot, alfalfa, dressing sachet. <input type="checkbox"/> Small 2.5 <input type="checkbox"/> Large 4
<input type="checkbox"/> Wrap 3	<input type="checkbox"/> Cucumber	<input type="checkbox"/> Ham	<input type="checkbox"/> Cheese	
<input type="checkbox"/> Roll 3	<input type="checkbox"/> Beetroot	<input type="checkbox"/> Tuna	<input type="checkbox"/> Bacon Bits	
	<input type="checkbox"/> Tomato	<input type="checkbox"/> Feta	<input type="checkbox"/> Sweet Chilli	
	<input type="checkbox"/> Carrot	<input type="checkbox"/> Italian	<input type="checkbox"/> Alfalfa	
	<input type="checkbox"/> Onion	<input type="checkbox"/> Balsamic	<input type="checkbox"/> Croutons	
	<input type="checkbox"/> Sweet Chilli	<input type="checkbox"/> Caesar		
	<input type="checkbox"/> Italian			
	<input type="checkbox"/> Balsamic			
	<input type="checkbox"/> Caesar			

Please add any other items/drinks/hot food to order. Please pay when ordering.

**Please call our canteen supervisors:
Tina or Tanya on 4261 1416.**